

"On October 11, 2016, I began treatment at Rehabilitation Specialists of Monroe in constant pain of a 7-8 average. I have severe tailbone pain, SI joint dysfunction, low and mid back pain, and nerve pain in my foot/leg. I would have stabbing, burning pain in both SI joints, if I walked or was on my feet longer than 10 minutes. Barb in Physical Therapy loaned me an SI belt to try and it was the single most effective action against my SI joint pain in three years. Then, shortly after that, Dr. Abou-Chakra did an injection in each joint. In three weeks, I haven't had any stabbing pain in my SI joint at all. I've been able to start using my elliptical, cooking dinner, and going up and down my stairs with ease. This is the best, overall, that I've felt since before my spinal fusion on July 3, 2014. I never felt fully recovered from that surgery and was diagnosed with Failed Fusion Syndrome. Thanks to the combination of treatments offered here (the watsu aqua therapy being my favorite) my pain has reduced overall from 7-8 average to 3-4 average and I feel like I'm on a good path to getting my life back."

"I started seeing Dr. Barbour for headaches and low back pain. Since receiving treatment, my headaches have stopped and I do get temporary relief for my back." D.J.

"I had lower back pain, bulged disk with sciatic nerve pain. I couldn't bend down, put my pants, socks, or shoes on. I couldn't drive for two weeks. After three treatments and physical therapy, I was able to go back to work and drive. The pain level when I came here was a nine or ten and now is a one. Dr. Barbour and staff helped with my improvement. Yes, I would recommend to friends and family. Thanks!" –B.H.

"Dr Barbour has helped my daughter so much! He has given her a quality of life that she would not have had without him. He straightens her back and helps her breathe better by relieving her asthma and allergy symptoms. No one could seem to help her until she found him. I wish Dr Barbour many blessings and a long life. My daughter is only 37 years old, so he has to live a long time!" – C.M.

"Part of low back pain treated on first visit is resolved and never came back."

"For my first treatment with Bruce Diven, he tried 'electric stimulation' on my lower back and legs. I really didn't know what to expect or exactly how this works. After this session my pain level was SO much lower, which truly shocked me. . . ."

"I originally came in with severe back pain radiating down my right leg and using a cane to walk longer than 10 minutes. But now my pain level is around 2-4/10 instead of 5-7/10 I had before. And now I can walk for 20 minutes before I need to use my cane. I'm very happy with the progress and looks like I won't need surgery to fix the problem, which is awesome!"

“I came in with lower back pain, after standing for 10-15 minutes I had to sit down with unbearable pain in my back. (Started 2 months ago.) After a week’s treatment the pain is gone. I’m amazed! Bruce made me work for the comfortable feelings I have now. He is very concerned about the patient. I would recommend the rehabilitation of your company to anyone concerned. Thank you very much. (Thanks to Bruce and his determination.)” – E.P.

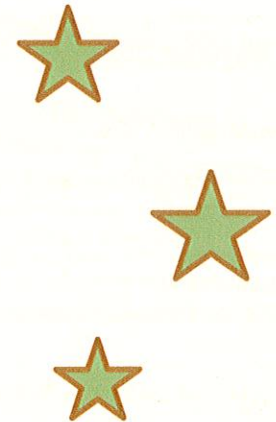
“They have all been so very helpful, encouraging, and patient with me. I was worried that I would be in pain and struggle, but through all their help I was able to walk down the aisle with ease and dance the evening away.” -- D.J.



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

Success Story



Julie Hartford

Since receiving the injections, my pain levels have decreased. My pain levels were as high as 7 and 8 on a daily basis. Now it is lower on a daily basis.

Julie Hartford

December 7, 2016

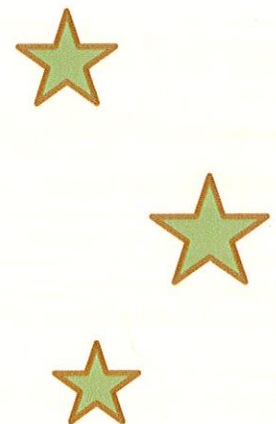
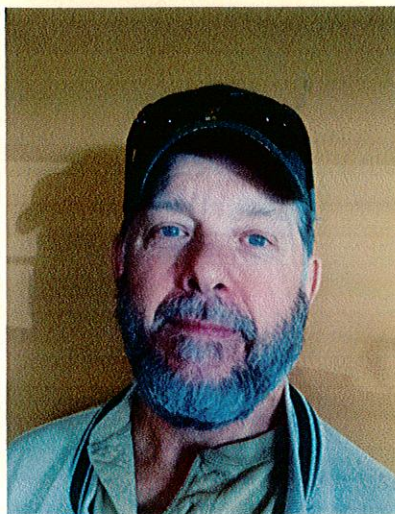
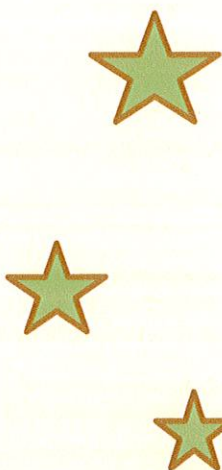
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Success Story



Allen Imber

I came to Dr. Barbour because he had helped my wife with her back pain. I had been experiencing intermittent lower back pain for a long time. After a few visits and a month of therapy, I am able to return to my old activity level without pain. I have to do the stretches, but the benefits are well worth it.

December 7, 2016

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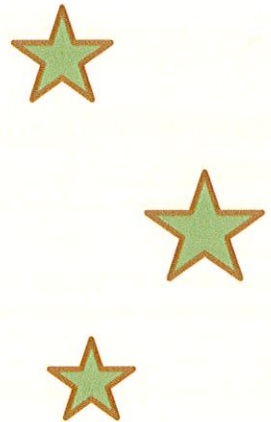
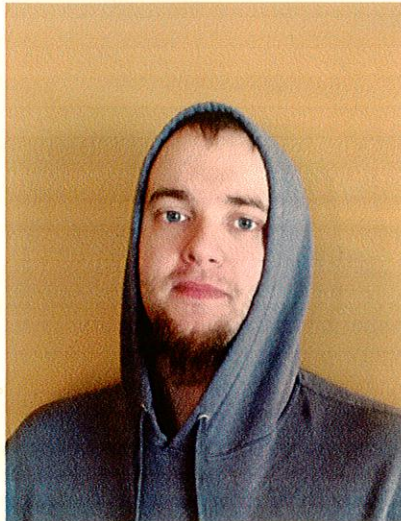
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Success Story



Jarrell Ramsey

After seeing Dr. Barbour, my activity level has increased. Since the injury, the pain has decreased. I'm able to do light physical exercise and sleep on my back again.

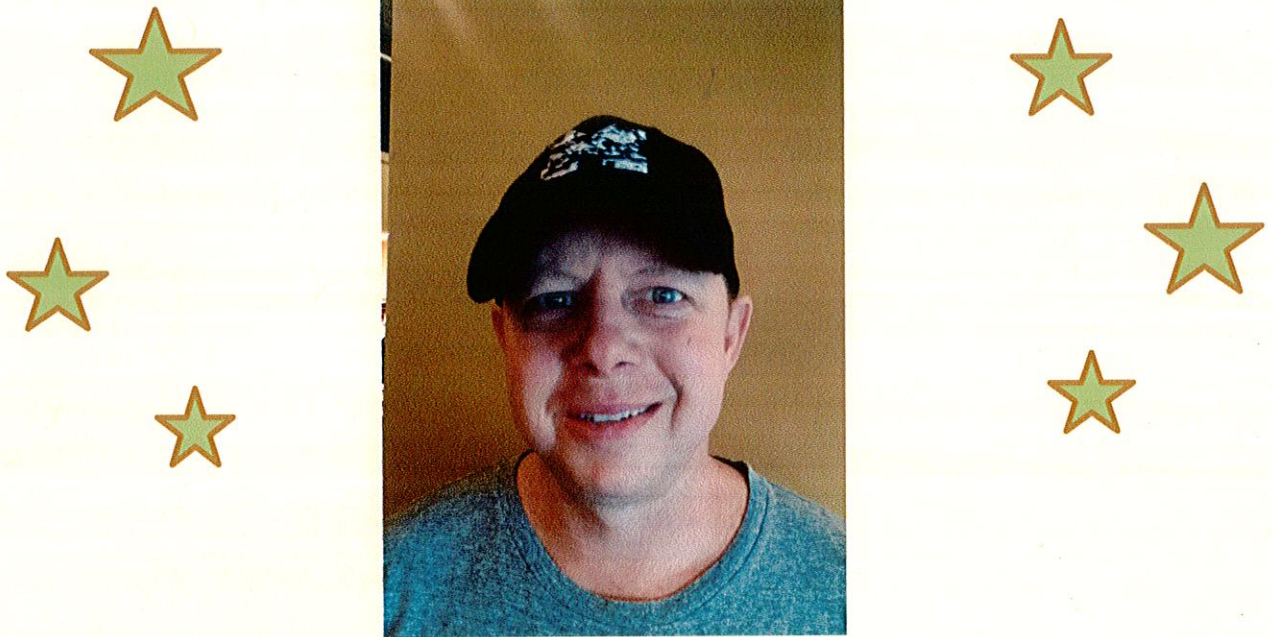
December 6, 2016



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Success Story



Shawn Coots

My back pain has been reduced and I have more positive time with the kids. I'm not in pain all day.

Shawn Coots

December 5, 2016

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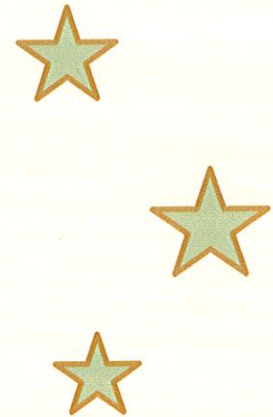
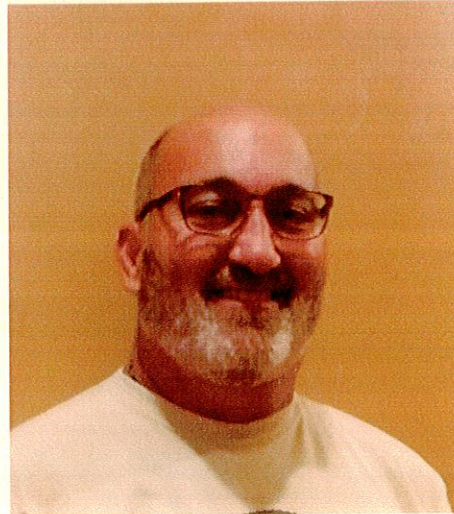
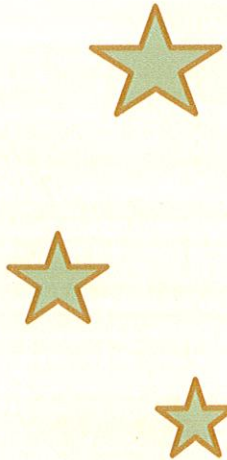
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Success Story



Jon Madden

Two years ago, I had a lot of pain in my mid back and left shoulder. Went to a lot of doctors before coming to Dr. Barbour. It took one month of therapy and a few times to see Dr. Barbour. He made me 110% better and now I come back for maintenance when I need it.

Jon Madden

November 29, 2016

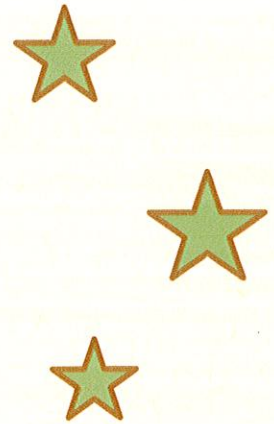
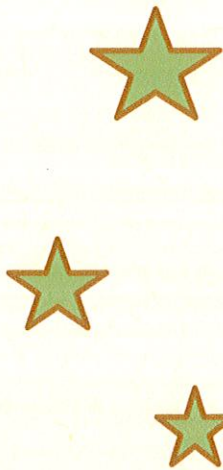
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Success Story



Michael Armetta

Before coming here, I had severe pain in my lower back, caused by two bulged disks. My home and work life suffered greatly from this.

Since coming to this facility and beginning treatment here, my life in general has greatly improved. It seems every day I'm doing more and more things I used to enjoy doing. Don't get me wrong, I still have bad days; but overall, my good days outweigh the bad by far. So now I just look forward to whatever comes next. Thank you so much for helping me get back to doing the things I love.

Michael Armetta

November 29, 2016

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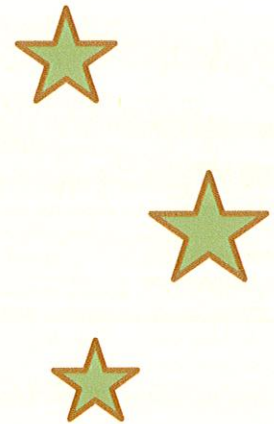
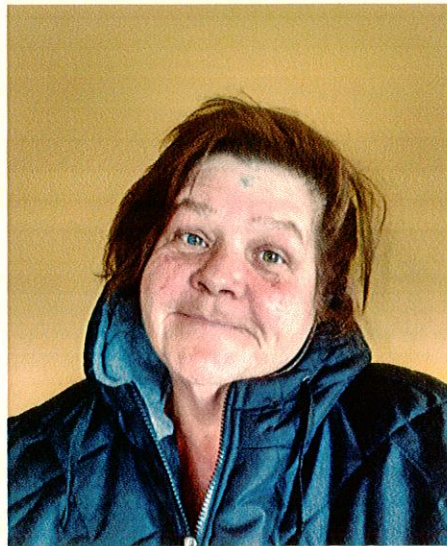
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Success Story



Karen Nash

The people are wonderful. You get one on one personal care! Love the heat and massage in therapy. I asked for exercise instructions for home. I feel this will be great for me.

Karen L. Nash

December 9, 2016

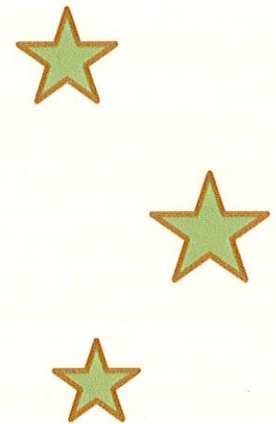
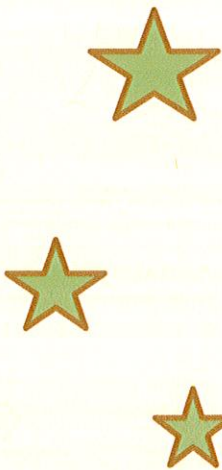
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Success Story



Anne Sisung

My pain has been a lot better. Everyone here has been very helpful in all my visits. I've been coming here for years. I would recommend family and friends to Rehabilitation Specialists of Monroe.

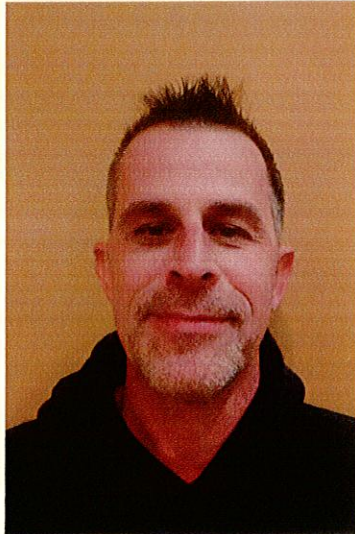
Anne M. Sisung

December 6, 2016



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Success Story



Lance Riggs

My treatment is working a lot better and would like to thank all the doctors.

November 28, 2016

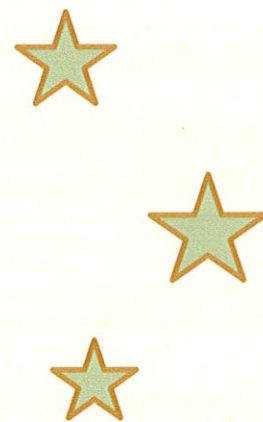
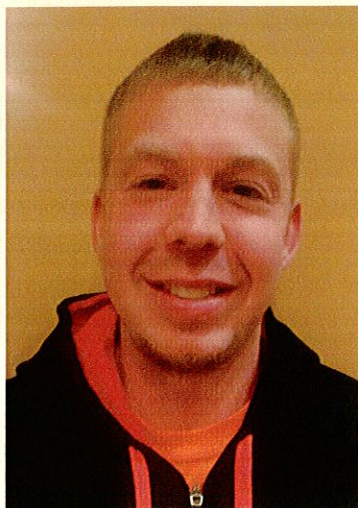
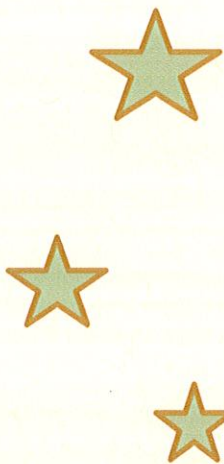
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Success Story



Randall Harmon

Hi, my name is Randall, 29 years old. I started seeing Dr. Barbour when I was 19, due to severe pain in my SI joint - lower left side of my back.

The pain was so bad that I couldn't function as a normal person.

Just getting out of bed was a task in itself. When I started seeing Dr. Barbour, I was desperate for relief and I can tell you he has been a miracle to my life.

From pinpoint injections and his caring advice, he is truly an awesome doctor that I consider my friend. I would recommend my family and friends to him. I have told people at my work about him. I'm confident he can help anybody in pain.

He did what several doctors, hospitals, and physical therapists could not do for me.

November 28, 2016

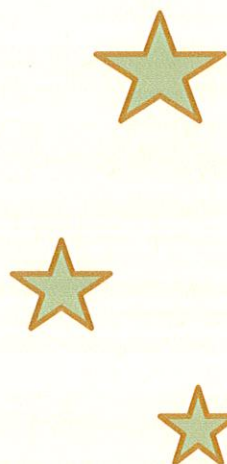
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Success Story



Sara McManaway

I was 7 months pregnant. I was experiencing some pretty awful sciatica. I was unable to stand for long periods of time, or walk. I was working full time and needed to be on my feet. I wasn't getting much sleep because every position I laid in was uncomfortable. The pain was so unbearable at times that it radiated all the way up to my head and down to my toes. The OB at one time even sent me for a Doppler on my legs fearing clots because I was in so much pain. I came to see Dr. Barbour and Tim Kellie during a healing circle praying for some sort of relief. They both were very mindful of my pregnancy and were caring and careful. They took their time and made sure to explore every possibility of what could have been causing my pain. After my first initial visit, I left feeling optimistic. I was able to walk more comfortably, knowing that after a few more sessions I would be feeling like myself again. I saw Dr. Barbour and Tim many times after that through my pregnancy. After my final session I was pain free walking well and sleeping well and ready to welcome my daughter into the world. Thank you Dr. Barbour and Tim Kellie!

Sara McManaway 😊

December 9, 2016

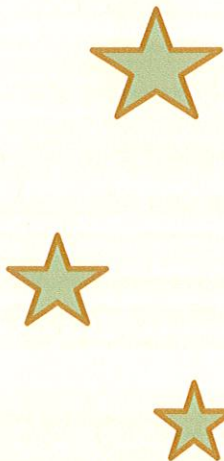
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Success Story



Lynn Simmons

I have been having sciatica pain and restless legs for almost ten years. I tried different medicines, without any change. After my visit with Dr. Abou-Chakra, we set up an injection in my spine. The procedure was not that bad and afterward, I have had no pain. I was thrilled. If and when my pain returns, I know I will return. Physical therapy was also helpful before the procedure.

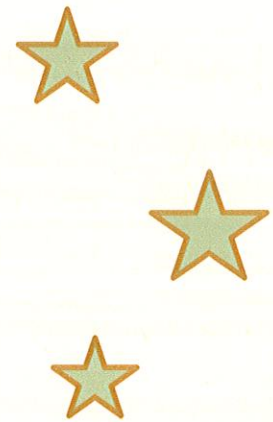
December 8, 2016

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Success Story



Jason Vavrick

I have been at the Center for Progressive Health & Wellness for a few years. Severe back problems brought me in. While I have seen and had excellent care from everyone, my continued success has been seeing Dr. Barbour on a regular basis. Important to any business is a great support staff who are helpful, friendly, and have great senses of humor. Thank you to the Center!

November 28, 2016

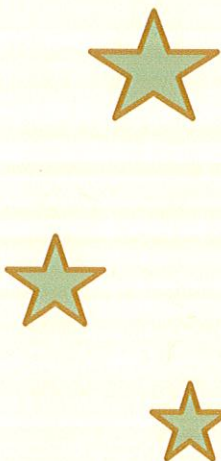
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Success Story



Renea Bunkelman

I have been coming to Dr. Barbour off and on for many years for various issues, always with success. Two months ago, I woke and couldn't straighten up and walk without severe pain. Tried exercising for two weeks without success and came to Dr. Barbour. He found my one leg one inch shorter. He manipulated something internally and I walked out pain-free – and have been since. I now wear a lift in my shoe and return every month or two to get checked out. Would, and have, recommended Dr. Barbour highly.

Renea Bunkelman

September 27, 2016

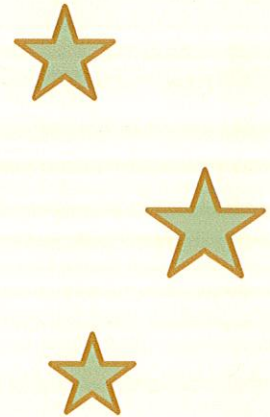
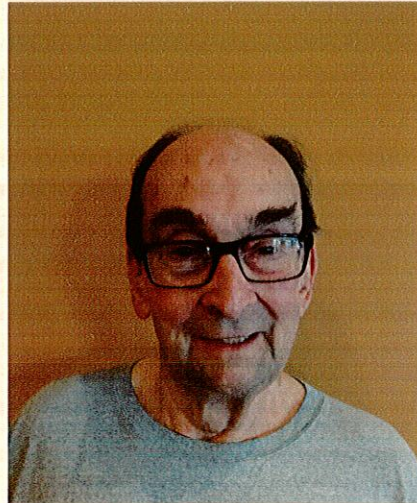
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Success Story



Richard Mourlam

I am an 85 year old retiree, who is legally blind and deaf. I have recurring muscular and skeletal problems, some for years. Recently, I had very severe spasms in the base of my spinal column. They would grab me while walking and pull my body toward the floor. I would lose my balance and fall without a cane for support. My daughter, a surgeon, suggested I get an appointment with Dr. Barbour at The Center for Progressive Health & Wellness. After I completed four weeks, three physical therapy sessions weekly, I am able to be mobile and pain free from the horrible spasms.

Those stopped at the end of four sessions. I recommend this therapeutic program.

They are very considerate and always suggested if this causes pain, tell me.

I have shared this experience with my son-in-law, who will begin treatment soon.

Richard Mourlam

November 4, 2016

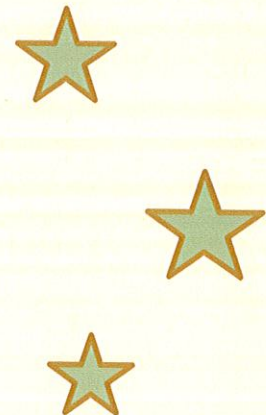
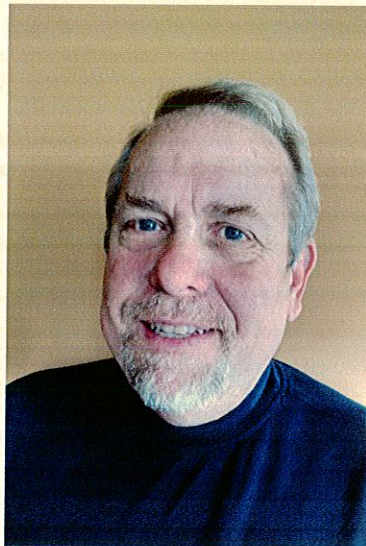
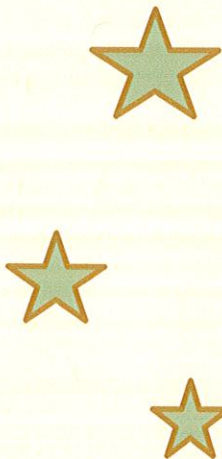
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Success Story



Frank Patt

Dr. Steppe has been working with me over the past four to five years. Over this course of time, my issues with my back have been transformed to the point that I can function the way that I need to. Dr. Steppe has very gifted hands and has given my way of life back to me.

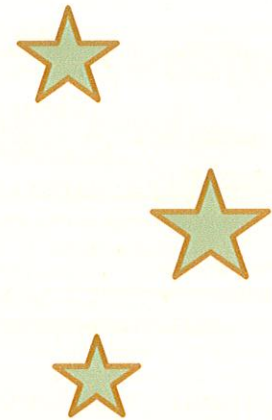
October 12, 2016

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Success Story



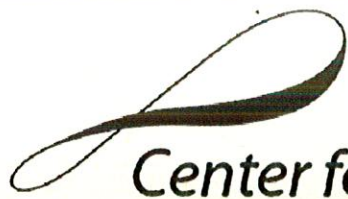
Lora Cooper

I was having low back pain and had physical therapy for two weeks and my pain was gone. Then I had a Healing Circle treatment and John noticed I had a problem with my right shoulder which Tim also confirmed during a massage. I had PT for my shoulder and now feel complete again. I have absolutely no pain, and it is wonderful. Thanks so much to the entire Rehab Specialists staff. You're all wonderful!

Lora Cooper

September 8, 2016

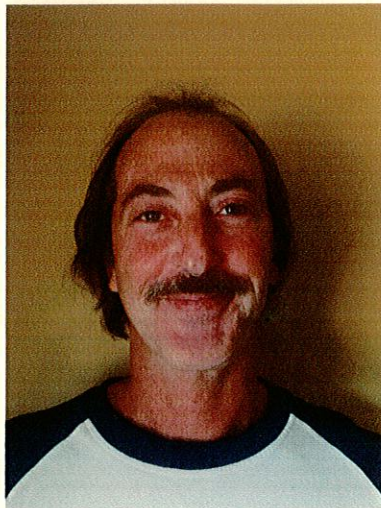
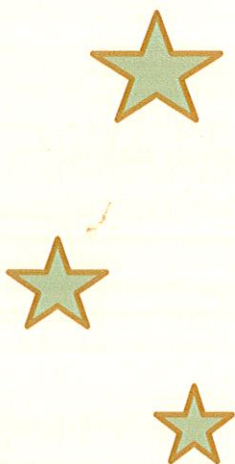
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Success Story



Corey Long

I have blown discs in my back. Couldn't hardly walk or sleep. I feel 90% better since coming to Rehabilitation Specialists of Monroe. Tim is great at manipulation and really helped a lot. All employees are swell.

Corey Long

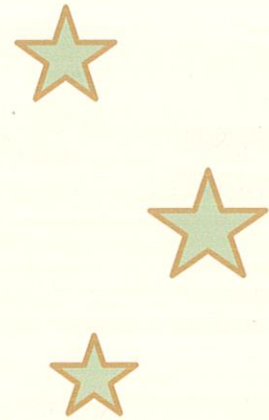
August 29, 2016



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

Success Story



Tom Primeau

I initially came to see Dr. Barbour after being diagnosed with sciatica.

Until my visit, the pain was constant and my activity level was very limited. Since visiting Dr. Barbour, he and his staff have been able to keep the pain to a minimum. Cindy was also a key player in healing treatment on a few occasions. I would highly recommend Dr. Barbour and his associates. I thought I was out of options until I came to Progressive Center for Health & Wellness. Thank you!

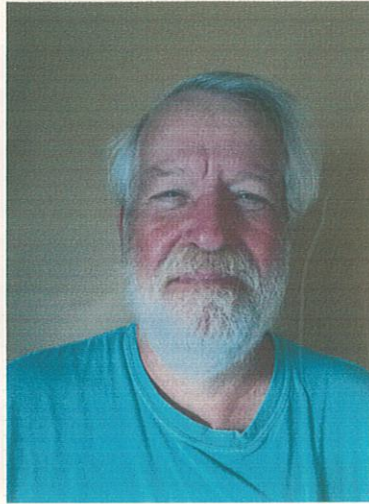
August 31, 2016

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Success Story



Stephen Williams

Issue: Sciatic pain along the left leg varying from a level 3 to 9 depending upon position (standing, sitting, laying). This is due to bulged disc at L5/S1, previously occurred 2010/2011.

After the third physical therapy session, it was obvious that the sciatic was back in its proper position (L5/S1), as pain was starting to lessen and leg was not as sensitive to pressure (sitting). A week later, I drove to Florida for another issue. Before physical therapy, this would not have been possible. The entire Physical Therapy staff was excellent. The back stretching (I call the rack) seems to have moved the bulging disc to the point that, I believe, it can return on its own.

I believe I felt it pop in and out once.

My entire family has benefited from Physical Therapy at Rehabilitation Specialists of Monroe and I strongly recommend it.

August 30, 2016

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Success Story



Daniel Hays

Over the July 4th weekend, I was in extreme pain. I called and made an appointment the following morning with Dr. Barbour. I was able to get in to see him at 10:50am. The pain was such that I wasn't able to stand long enough to take a shower. Upon seeing the doctor, he found a muscle in my abdomen that was cramped up. He was able to get it to release.

After I left his office a few hours later, I was able to walk around the grocery store for about 45 minutes.

Thank you Dr. Barbour and the rest of the PT staff.

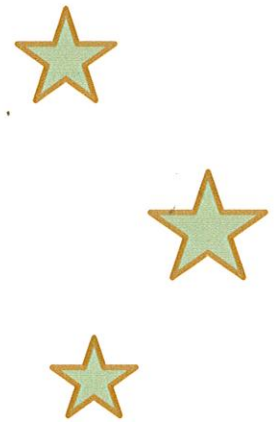
July 28, 2016

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Success Story



Corey Long Jr.

I was 20 years old and 300 lbs., and strong as an ox! I had a bulging disk in my back, which almost paralyzed me. Before I came to Rehabilitation Specialists of Monroe, I was bounced around from doctor to doctor, in between hospital visits. I have had all sorts of different help. When I came to Rehabilitation Specialists of Monroe, I had a severe lateral shift; also I could barely even walk with the aid of my crutches.

If it weren't for Barb, I wouldn't be walking today!

Thank you sooooo much, Barb!!!!

July 13, 2016

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Success Story



Rita Beaubien

**I am having low back pain and pain going down
to my right thigh for a few months.
Whatever Noel did to me on the last visit helped me.
There is no pain since then.**

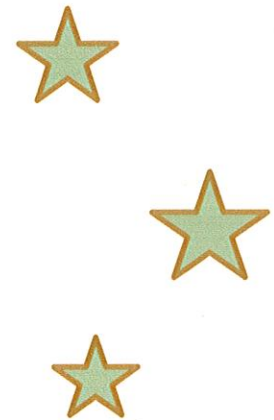
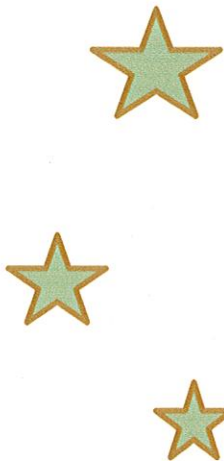
April 6, 2016

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Success Story



Amanda Felix

Before coming to see Dr. Barbour, every doctor I had seen since having back surgery told me my only option was pain management and dealing with the pain. I've been seeing Dr. Barbour for six months and I feel better than I have in five years! I don't know what I would have done if I hadn't found Dr. Barbour. Thank you!

Amanda Felix

May 16, 2016

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The Next Step • Rehabilitation Specialists

Success Story



Anne Sisung

Lower back and knee pain. The pain was at the worst, unable to do very little activities and in constant pain. I went to physical therapy here, did exercises in the pool, and all the Physical Therapy staff members were very helpful. I felt much stronger and the pain level was much more manageable. I would highly recommend to my family and friends. Very happy with all the Physical Therapy staff. ☺ Thank you for all your support!

Anne M. Sisung

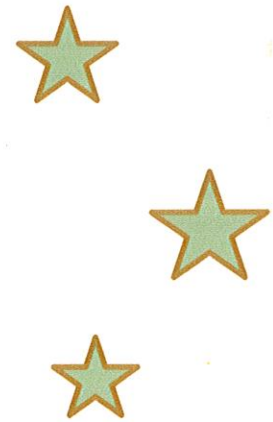
April 26, 2016

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Center for Progressive Health & Wellness
The Next Step • Rehabilitation Specialists

Success Story



Andrew LaRoy

**Most of the pain came out of my legs,
since my last treatment with Dr. Barbour.**

April 14, 2016

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Success Story



Debra Clough

I had severe pain from sciatica and Barb was really good with the ultrasound. It hurt during the procedure, but I truly think it helped loosen the tissue. That relieved some of my pain – it didn't happen overnight but over quite a few days. I feel it was the main treatment that helps.

Debra Clough

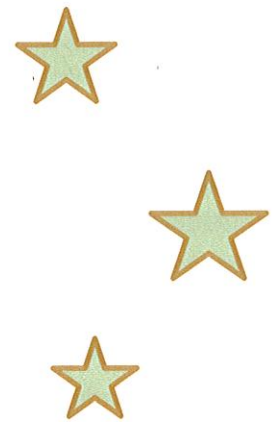
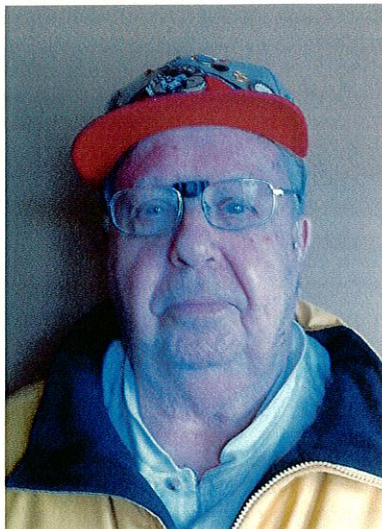
April 8, 2016

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Success Story



Hank Nock

When I started I had lower back and side problems. I could not bend or walk well. Noel was a great help and worked well with me to improve my back and side. I feel much better now and would return if ever needed to. I would want Noel to help me if I ever had to come back.

April 20, 2014

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Success Story



Loretta Moore

I have been suffering from sciatic pain for three years. I have been through physical therapy, injections, and strong pain meds. Nothing helped. I had to finally leave work on a medical leave. In order for my doctor to sign the papers, he told me I needed to try P.T. again. I came to Dr Barbour only because it was within walking distance for me. My first visit he told me he could cure me that day. I thought, "this man has some ego!" He did osteopathic manipulation on me. The pain was gone! I went from a pain level of 9 out of 10 to a 2/10. It's been 2 weeks, and I am still 75% cured. I can go back to the job I love! Thank you Dr Barbour! You are a miracle worker!

Loretta Moore

February 2, 2016

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Success Story



Jennifer Grams

I was limping from pain in my right knee and both left and right sciatic nerves. I was not able to bear weight on my right foot/leg when climbing stairs without pain. I was told by Rehab Specialists that both sciatic nerves were inflamed as well as my sacroiliac, and the bones of the latter were separated. I was awakened in the night by pain; could not sit comfortably anywhere.

Six weeks into treatment I am sleeping all night without pain, praise God, and have been fitted with a back brace that has been wonderful. It has eliminated lower back achiness and I hate to take it off. It has not been uncomfortable after 10½ hours of daytime wearing. I have gone from 2 12-hour Aleve a.m. & p.m. and a prescription pain reliever every 6 hours to one 12-hour Aleve at bedtime. I have also been able to complete the at-home exercises, 1 set each so far; I can walk without pain and do volunteering.

R.S. was highly recommended to me by 3 friends. Mary at the reception desk was my friendly first contact. Her kindness and helpfulness in obtaining an appointment was greatly appreciated. Dr Bruce Diven has done the utmost toward my care and healing with sensitivity and genuine caring toward my recovery. His assistant, Hannah, has been a gentle and caring person as well. Dr Barbour has overseen my progress – another highly qualified, kind, and caring individual. His assistants have also been great, along with others on the phone and at the reception desk.

I would very enthusiastically highly recommend R.S., and with extreme confidence, to anyone!

February 7, 2015

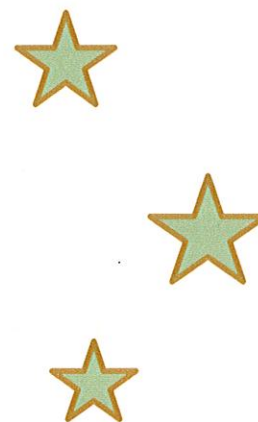
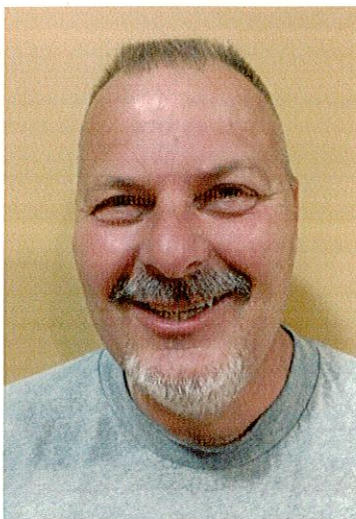
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The Next Step • Rehabilitation Specialists

Success Story



Leon Merkle

When I first came to see Dr. Steppe, I could hardly walk with bad lower back pain.

I could not even stand up straight, it hurt so bad.

She said she wanted me to have therapy with Dr. Bruce Diven at least three times a week. I have had three treatments with him now. I can now stand up straight with little pain and walk. I can sleep better at night without a lot of pain.

Thank you, Dr. Bruce Diven for helping me. I wish I would have come in a lot sooner. No more pain pills are needed.

I would recommend anybody that is having pain to come here – all nice people.

Thank You.

Leon a merkle

August 26, 2015

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Success Story



Valinda Jonas

**I had 4 years of non-stop sciatic nerve pain,
and I had tried 2 rounds of rehab. As a choreographer,
I could no longer dance. I was so depressed. Then my nephew's wife
suggested I see Dr. Terri Steppe. I did. She really worked hard on my
back and while painful at the time, I began to heal.
From that day on, I never had the same pain again.
I have told everybody who will listen about Dr. Terri Steppe and
the kindness of Dr. Barbour and his staff.
They gave me my mobility back!**

August 24, 2014

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Success Story



Gerald Wasserman

**I would highly recommend the
Center for Progressive Health & Wellness.
I came to the Center with a recommendation from a friend.
I had pain in my back and legs. Therapists Barb and Noel
did an excellent job of using therapeutic
methods and physical therapy to improve my functioning.**

Gerald Wasserman

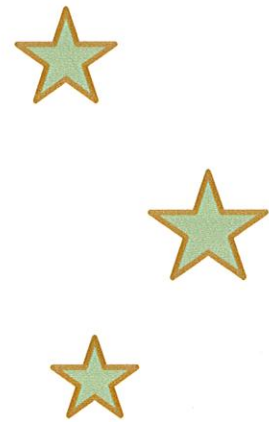
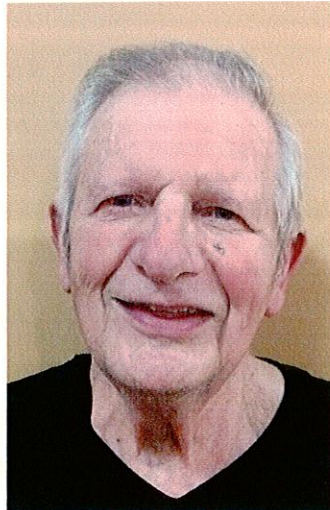
July 27, 2015

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Center for Progressive Health & Wellness
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Success Story



Ray Montry

I couldn't stand more than 10 minutes. Now I can stand 20 minutes or more. I can bend over longer. Dr Bruce has helped me improve my standing and walking and bending. I can walk to the mail box, get the trash barrel, and get out of the car better now than I did before I came to Rehab Specialists. I would highly recommend friends and family to come here.

Ray Montry

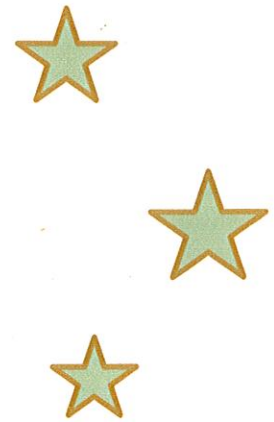
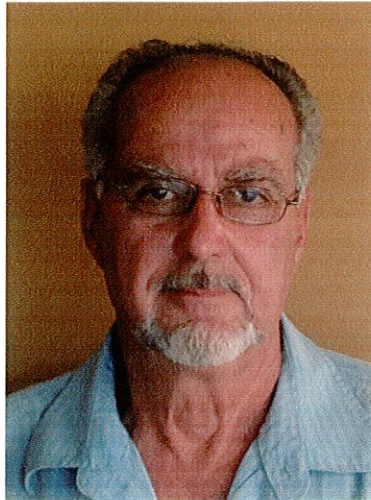
July 29, 2015

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Success Story



Robert Dunn

I had three months of miserable pain. I didn't think anything would help. Now I'm pain free and I'm ready to go back to work.

I can't thank you enough, Dr Barbour, for all your help. I can't believe how much better I feel.

I would also like to thank all the therapists for being so patient with me. They showed me so much concern and made me feel relaxed and comfortable. All the receptionists were very nice and I would especially thank Lisa for getting everything set up with Dr Barbour.

Thank you so much again for everything. I would very highly recommend this place to anyone.

Robert A. Dunn

May 29, 2014

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Center for Progressive Health & Wellness

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Success Story



Lorrain Young

When I first started coming to see Dr. Barbour and Bruce, I could barely move and was in constant pain. I could hardly bend over and when I tried, stabbing pains would shoot up and down my back and legs. I couldn't even pick up a gallon of milk.

Now, four weeks have passed and I can walk without stabbing pains, move around, and even do a little exercise. They tell me that I will be able to go back to work eventually. Even though Bruce gets enjoyment out of using the pin points on me, I have to say that this torture really helps. If I am in pain when I come to treatment, I am not in that much pain when I leave. Dr Barbour and his staff really know their jobs. I have already begun telling others that I know could benefit from this type of treatment.

Lorrain Young

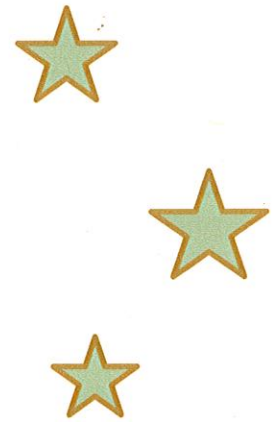
May 29, 2015

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Success Story



Leigh Roberts

Before starting therapy at RS, I was having pain in my lower back and sacrum. My pain was at its worst when sleeping, getting out of bed, and sitting. After just three visits I saw great improvement. I was able to sit and be comfortable and get out of bed with no pain. My therapist was Noel. He showed me a simple 5 second stretch to do every morning before getting out of bed. I was amazed at how that helped. The most important thing to do is the exercises your therapist gives you. I would most definitely recommend RS to my friends and family. Thank you Noel for making it easier to start my day.

Leigh Roberts

July 28, 2014

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Success Story



Carolyn Emerick

On January 3, 2014, I slipped and fell in a snow covered parking lot where I work, and have been off work since that time. Dr Terri Steppe has been treating my back and leg injury. I was put into therapy for one month for which workman's comp approved and paid. As I had begun to see some improvement, Dr Steppe ordered continued therapy as well as epidural injections for the pain I was in.

On behalf of Dr Steppe, Melanie Mann has worked with workman's comp over the last few months trying to get approval for continued therapy and epidural injections. Although I know it was thoroughly frustrating because they continuously gave her the run around, she worked tirelessly on my behalf. She also kept me informed on what was transpiring. Because they continuously denied the requests, I was eventually put into therapy in April, with the intent of billing it to my Blue Cross, once the billings were denied by workman's comp. Although they had repeatedly denied the requests for therapy and epidural injections, they did pay for it in the end and I believe that Melanie played a big part in that, as well as all the prayers

that went up on my behalf. I am thoroughly grateful to Melanie for going above and beyond the call of duty. She made it very apparent that she really cared about me and what I was experiencing, on both an emotional and physical level.

Dr Steppe even tried to contact one of the doctors at workman's comp, but had to leave a message. After over a month and through several phone attempts and messages left back and forth, she was able to speak to one of the doctors there, and was able to get approval for my treatment. I am extremely grateful for Dr Steppe. I don't believe there are very many doctors who would have gone to the extreme to help a patient as Dr Steppe has done. In addition to the above, Dr Steppe has called me at home on numerous occasions – in the evening and on her days off -- to see how I was doing, as my pain level had been extremely high. I can honestly say I have never know a doctor who cares more for her patients than Dr Steppe. She genuinely cares about them and will do whatever she can to help them get the treatment they need to regain their health.

The Center for Progressive Health & Wellness has been my first choice for therapy or treatment for pain. The entire staff, from doctors and assistants, therapists and assistants, receptionists, and office staff, has always been a pleasure to work with and always make you feel as though they genuinely care. Dealing with everyone in this organization has always been a "feel good" experience for me, no matter how much pain I am in.

** Carolyn Emerick*

June 5, 2014



Center for Progressive Health & Wellness

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Success Story



Madonna Bednarz

When I arrived at Rehab Specialists my pain level was at an 8. My lower back hurt so badly I could barely stand up straight. Sitting hurt and lying down was out of the question. When I first met Bruce, my therapist, he smiled, touched my shoulder, and assured me everything would be OK. Bruce showed me compassion I have never seen before. His smile is reassuring and his eyes are caring. The constant reassurance was welcome. Bruce started my therapy always explaining what he was doing and why. When my therapy was complete Bruce requested that I sit up – NO PAIN. Bruce said to stand, I did – NO PAIN. I walked around – NO PAIN. Bruce just smiled his thoughtful smile and said he would see me next week. "We'll make sure the pain stays away," he pledged. I have been without pain for over one week. I have told everyone that knows about my back how wonderful Rehab Specialists' employees are.

Madonna M. Bednarz

February 20, 2014

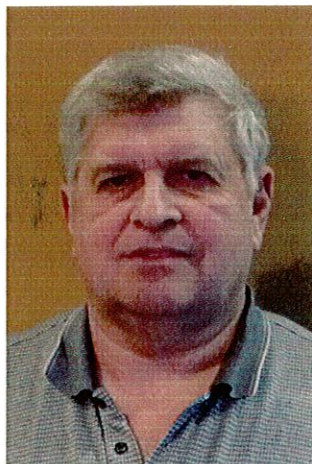
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Center for Progressive Health & Wellness

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Success Story



John Zawacki

I awoke with pain in my right leg on January 2, 2014 . . . (Happy New Year to me!) After worsening pain in both legs, I saw my doctor, and was sent off for a MRI, which revealed sciatica due to arthritis and partially herniated discs. The severity of the pain during the winter was significant, and lessened only slightly when spring arrived. All of the outside work that comes with the warmer weather caused me constant pain, and nothing seemed to help.

After 6 months of ibuprofen, acetaminophen, home remedies (anybody ever hear about gin and golden raisins?), plus physical therapy from another rehab facility, I had no significant change or improvement.

I was screened by Dr Barbour on 7/30 and began PT with Bruce on 8/4. In 10 weeks' time I have improved dramatically. I have little or no leg pain on most days and have not had to take any pain meds at all! I have been provided with some very helpful exercises that I have utilized, some daily, and some when a specific pain begins.

I am now able to resume just about all of the activities that I did before the onset of sciatica, and I hope that exercising and targeting the sources of the pain continue to provide me with relief.

Many thanks to Bruce Diven, assisted by Barb and Hannah, for their efforts, and to all the staff at Rehabilitation Specialists for their care and concern.

I would eagerly recommend this facility to anyone that has similar pain issues.

I can truthfully say that all physical therapy specialists are NOT the same, and if you have not been successful in relieving your issue in the past, you have to keep trying!

October 27, 2014

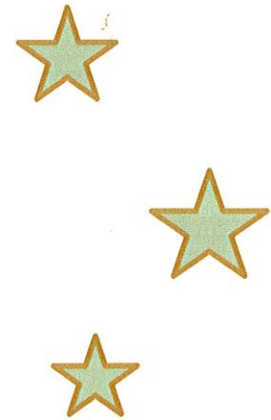
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Center for Progressive Health & Wellness

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Success Story



Virginia Wolfe

I am a 62 year old who underwent lumbar fusion in 2004. Due to bone overgrowth which caused severe back pain and loss of feeling in my left leg and foot, I had more surgery in November 2013 to remove the cage and clean out the tubes of all the bone overgrowth.

After healing from surgery, I asked for therapy and came to Rehabilitation Specialists because I had been here before. I started with manual manipulation and electrical stimulation. This seemed to cause me some more pain, so my therapist Bruce decided to try the pool. After working out in the pool my pain level dropped and I improved about 75%. I came in with a pain level of seven out of ten, and now I am at a one to three. I have been off work for seven months healing up, and I am now going back to work on June 2, 2014.

I have worked with Bruce, Barb, and Sally, and without them I would not be where I am right now. I also wouldn't be going back to work. They all have worked very hard to help me get to this level without pain, and to rebuild my muscles. Thank you all, and everyone that works at Rehabilitation Specialists, including everyone in the office.

I am forever grateful.

Virginia Wolfe

May 29, 2014

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Success Story



Ann Dempsey

When I started coming to Rehabilitation Specialists I was in horrible pain. I was unable to function in my daily activities. I mostly sat in a chair and moved from one chair to the next. After getting shots from Dr Abou-Chakra and treatments done by Dr Jurkovic I am almost back to feeling like myself. I am back to doing routine daily activities and slowly getting back to working out at the gym. Everyone here has been so kind and caring. They have all helped bring me back to me. Thank you everyone.

Ann Dempsey

February 12, 2014

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Success Story



Eleanor Seiler

You have been 'The light in my darkness'! I sustained a disabling back injury leaving me with pain levels up to 10 out of a 1-10 scale. I had significant difficulty standing and walking. I was given multiple strong pain relieving medications during and after hospitalization . Upon discharge, I sought to find alternative resolution to my disability & pain. A wonderful friend introduced me to physical therapist Bruce C Diven, PT, DPT. I came with a cane and a turtle pace. One and a half hours later I left unassisted with half the pain I entered with. His specialized DC electrical point stimulation to acupressure points was truly miraculous, releasing my tight back muscles that were pulling and compressing my vertebrae/nerves together. Dr. Bruce is gifted with many other modalities of physical therapy I was honored to be treated with. He never gave up on me, even when I was ready to give up on myself. I cannot say enough about the commitment of this man to his patients! Thank you Dr. Bruce, from the depths of my heart! Dr. J introduced me to the amazing benefits of acupuncture, osteopathic manipulations and water therapy. I continue to heal and strengthen and am looking forward to returning to work. A huge thank you to all! May God bless you with continued growth for the mission I see for you in the future. You are a truly committed, uniquely gifted group of healing professionals.

April 11, 2014

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Success Story



Melissa Tuccini

**I'm absolutely shocked how different I feel
in less than an hour. No medications, x-rays, etc.
The pain I had put off dealing with for months is gone.
Thank you, Dr Steppe!**

February 10, 2014

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Center for Progressive Health & Wellness

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Success Story



Dawn Wood

I first became a patient at Rehabilitation Specialists on April 11, 2013. I was referred by Dr. Barbour to begin physical therapy immediately with an excellent therapist named Dr. Bruce Diven. Even though progress was slow at the start (my MRI revealed four herniated discs, most likely brought on by my very physical job of 26+ years at the United States Postal Service). I began to feel better and better. I returned to work and had a setback about 3 weeks later. After Bruce fitted me in an SI belt around my sacrum, I soon had a **MIRACULOUS recovery! I then returned to work once again with some lifting restrictions and have been a **NEW PERSON** ever since. Many thanks to Bruce, Sally, and the whole team for helping me make a full recovery.**

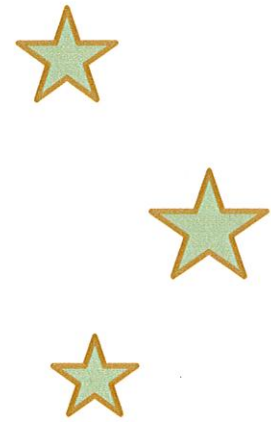
September 10, 2013

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Success Story



Sharon Bondy

Life as a 76 year old with a long list of physical handicaps and living in a seven story senior building can be most challenging, even more so when waking to so much pain in my feet I was unable to walk. Our visiting home therapist told me he couldn't help me. He recommended a podiatrist who diagnosed back, not foot, damage. At the advice of a friend and close family members I chose this Center. Dr Barbour recommended therapy and I saw Barb, an excellent, friendly therapist. Next came longer sessions with Dr Bruce. His expertise led me to traction, exercises that soon eliminated all back pain and strengthened my legs and feet. All the irritations from neuropathy have disappeared. I have been taught the tools I need to continue focusing on good health and wellness.

Sharon Bondy

July 25, 2014

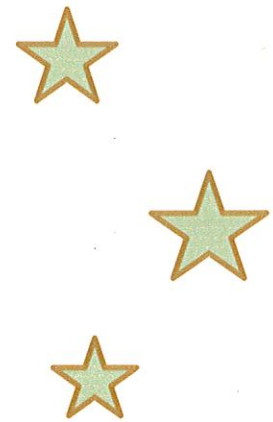
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Success Story



Susie Reaume

**I have only been here two weeks and I already feel better.
Many thanks to all who have helped me – especially Barb.**

**My back feels so much better
that I can finally sleep well at night**

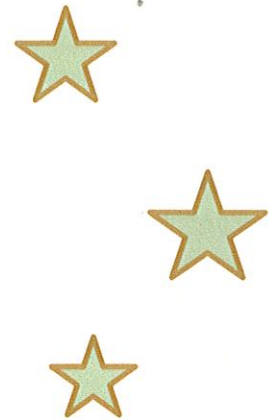
Susie Reaume

May 8, 2014



Center for Progressive Health & Wellness
The Next Step • Rehabilitation Specialists

Success Story



Cindy Williams

On Jan 13 my MRI showed two bulged disks, and they were pushing on the sciatic nerve. I had pain all down the left leg into the ankle. The pain was severe; I was walking with a limp and wobble. With the help of the staff I am walking straighter, almost pain free. I am able to go back to work. I always look forward to go to therapy. Everyone has been so nice. Noel always says walk straight, and I do. Thank you to my therapist Noel, and Sally, Dr Barbour, and the rest of the staff for all the great work. I would recommend the Center for Progressive Health & Wellness.

Cindy Williams

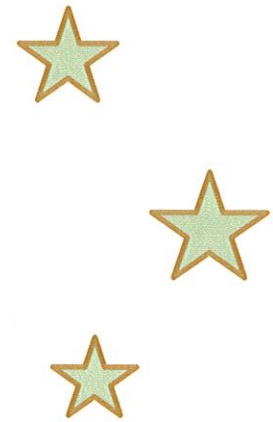
February 5, 2014

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Center for Progressive Health & Wellness
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Success Story



Elisa DeNardo

When I first saw Dr Barbour, I had pain from a bulging disc into my right hip going all the way down the leg – I couldn't walk without my cane, couldn't use stairs, no lifting, no activity at all. The pain was so bad even in my La-Z-Boy chair, it was a constant throb, and it brought tears to my eyes. Since I've been seeing Dr Barbour and therapists my pain has decreased 90%. No more use of cane and I'm able to do more. After a few more weeks of therapy I know I'll be pain free, thanks to Dr Barbour and the therapy department. Stacy is a big asst to the company. Stacy has been a very caring person to me and to everyone coming here. Even though I can see that she is busy, Stacy makes time for me and others here. I usually have questions for her and she always can answer them, and I never feel rushed. I've told people this place is the only place to come in Monroe. I will keep coming back if I ever have anymore problems. Barb my therapist is great, my improvement is great, and Sally helps out a lot. When you come to Dr Barbour's you feel at home. Thanks for everything.

February 11, 2014

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SUCCESS STORY

At first I was very skeptical about this type of therapy. After my first session I became a believer! I always come to therapy straight from work very stressed and in a lot of pain from my day. From the minute they take me back and begin the treatment, I can feel the stress and pain start to melt away. Sally or Noel make sure I am comfortable for the hot packs and stimulation and even if Sally is with another patient, she always checks to make sure I'm comfortable and don't need anything. Then Noel begins his magic! He has taught me to be more in tune with my body and makes sure that nothing that is being done is painful in any way! What impresses me the most that he is not satisfied and won't let me leave until I tell him that his magic has worked and my pain is decreased significantly!

Everyone I have come in contact with here, from Stacy at the front desk, to Noel and Sally in the back, are extremely pleasant!

I would, and am, recommending therapy here to my family and friends! Thank you for striving to make sure my therapy is not only successful, but enjoyable as well!

Signature Jane Northington Printed Name Jane Northington Date 10/3/13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

The water therapy here has helped my back & legs ~~and~~ ^{Dr.} knees. Barbawr has helped me a lot.

Thank you

Signature Bobbie Looch Date 10-3-13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

Low Back Pain is gone!
By strengthening my back, I
have become pain free.
Barb and Sally are great to
work with. Very professional
and courteous staff.

Signature

Mary Kettle

Date

9-16-13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I came to Dr. Barbour with severe pain and tingling in my right leg. I was unable to walk more than a few steps without stopping to rest, because the pain was so intense that I couldn't go further. There was tingling under my right foot, which felt like pins and needles were sticking into my foot. After having an MRI (in April 2013) on my back, which revealed a bulging disc was hitting the nerve root, he prescribed PT and traction, which I started in early May. Today is June 18th, and I have absolutely no pain at all, although my range of motion is not fully recovered. Noel, Barb, and especially Sally, were all very helpful, and kind. They never let me over-do it, which I tended to do when the pain began to subside. I would confidently recommend Dr. Barbour and his team to anyone in need of physical rehabilitation. I was able to avoid the dreaded back surgery, and I am again moving about like a normal human being.

Justin Sauer

Signature

Justin Sauer

Date

6-18-13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

For the past month, I have waddled - not walked!
I wouldn't sit, lay, stand or walk for any length of time.
Sleeping was awful. I have lower back issues,
fibromyalgia and myofascial pain syndrome.

My first visit with Dr. Bruce Diven was AMAZING!!!
His method of using the point stimulator to energize my
system could be called a miracle. With one treatment, I
got off the table and walked - NOWADDIE!! The stimulator
and Dr. Diven's approach to PT has loosened my muscles
and allowed me to do stretches, walk and regain my
lifestyle. I am forever grateful!!!

Thank You DR. BRUCE DIVEN

Signature

Joe Palazzolo

Date

5-14-13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

On March 3, 2013 I was involved in a car accident and I started here on March 28, 2013. I suffered multiple injuries from that car accident but because of Physical Therapy and manual manipulation I am on the road to recovery.

I would recommend this facility to everyone because they are truly miracle workers.



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I came to see Dr. Barbour on March 18, 2013. At that ~~the~~ time I was evaluated on lower back pain that also was going down my right leg. I was sent for an MRI + a couple of nerve tests were done. We started me with traction therapy, ultrasound treatment + some home exercising. While I am still under his care, I am starting to see some ~~the~~ relief through the therapy. Noel, Barb and Sally have been working with me + have been helpful. I would recommend their care + the care of Dr. Barbour to others.

Signature

Frank Worman

Date

5-1-13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I came in with a pain level of 6
and after all of Bruce's hard work
I'm walking out with no pain!

Signature

Jennifer Hunter

Date

22 April 2013

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I am seeing Noel for PT on my left shoulder. During the weeks, I injured my lower back at home. I was in extreme pain and couldn't go upstairs or sit for very long. My pain level was at a 7 or 8 when I came in. He worked on my lower back and I ~~to~~ am happy to say I left at a pain level of "0"!! Thank you!!

Signature

Yulgen Qin

Date

4.17.13

May we reproduce and display your experience? Yes ___ No

May we use your name with it? Yes ___ No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

This is the best I have felt in a long time.
The healing circle made me feel good briefly
but the H₂O healing took away the pain.

Signature

Barbara Phuser

Date

4-15-13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I came in today with a pain level of 7-8 and am walking out with no pain after my wonderful physical therapist performed his miracle today!
yay!

Signature

Jennifer Hunter

Date

4/11/2013

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

Having Pain leave the back of my
legs is like a miracle.
Used heat, ice and medication with
no relief.



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

Your treating me today has already helped the pain in my hips and lower back. The 10's + heating pad was great. Thanks a bunch!

Signature Sharon Leonard Date 3/6/2013

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I have had extreme stress and anxiety for months. Today after the healing circle Kim helped relieve my stress in my body so much that I feel like I could fall asleep. I haven't slept good in 5 months.

Thank You Very much!

Signature Shara Everett

Date 3-6-13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

After all the hard work Chris and Dr. Barbour
have done for me since my recent flare-up
I have had the best Saturday in over 1 year.
Thank you.

Per phone conversation

Signature Brian Williams Date 2-12-13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

My legs + back feel better
after treatment today.
more relaxed, not as tense.

Signature

J. A. Hicks Lynch

Date

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I EXPERIENCED PAIN UPON STANDING FOR SEVERAL MONTHS, BUT AFTER ONE SESSION WITH DR. BARBOUR I WAS ABLE TO GET OUT OF MY CAR (AFTER AN 1/2 HOUR RIDE HOME) WITHOUT PAIN!

Signature Michelle Barbour Date 2/7/13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

Today when I came in my lower left back and hip hurt really bad. It hurt to sit. My right knee I hurt when I banged it on a table. I have been like this for a couple of weeks, Wish it would stop hurting. Today with P.T. Bruce did massage & trigger points I am out of pain. I can walk without my knee hurting or having to stop walking because I can't stand the pain.

Signature

Theresa Abalos

Date

1-29-13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

Bruce did an amazing job on me when I came in for therapy today. For 12 years I have had lower back pain, periformis muscle issues. Bruce did deep tissue massage, dc electrocal point stem (acupuncture), and some serious stretching. For the first time I was able to get off of the table, walk around, twist, bend, and stretch without pain - first time in I can't tell you how long. I feel amazing - like butter. So happy! 😊

Thank You
Tiffany

Signature Tiffany Vandenberg Date 01/29/13

May we reproduce and display your experience? Yes ___ No

May we use your name with it? Yes ___ No

DT



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I WAS Here for my P.T. Treatment and I meet Bruce for the first time. Bruce Done treatment for my symptoms 33 years now of ongoing (PAIN). WITH one treatment with Bruce I improved by 60%. I WAS able to walk upright and without my cane and march standing in place. (No Help) Simply AMAZING the Relief from PAIN and improvement I felt during and after ^{one} treatment. I will continue my ongoing treatment. ☺

Signature Jusone Feaganes Date 1-11-13

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

My experience here at the healing circle has been very positive. The pain I had in my knee has diminished and my lower back pain is relieved totally. My body feels very well and relaxed.

Signature

Sharon Bailey

Date

11-08-12

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

When I began I thought that success from pain would begin with painful physical therapy. But every time I come, I leave better than I arrived.

Signature

Date

11/7/12

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been: Delimited back pain and tightness

② strengthened a sprained ankle

About two months ~~before~~ ^{after} I signed up for my first half-marathon, I injured my back. I had quite a bit of pain and tightness. Within 2 weeks of rehabilitation I began feeling a great amount of relief. I am happy to say I am pain free and was able to complete my half marathon at a faster pace than originally expected. More importantly, I experienced a quick recovery from the run and have not experienced any back pain. I can't thank your rehabilitative staff enough. I would highly recommend this type of rehabilitation therapy to others!

Signature Julie McCalister Date 10/24/2012

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I have back pain & It goes All the way down to my left leg. Dr. Barbour gave me a wonderful treatment, and within 3 weeks my all pain is gone. He got nice healing touch and wonderful treatment. All staffs, Physical therapist & all nurses are good & Co-operative, I am very thankful to all staffs & Dr. Barbour

ASHOK, DANU

Signature

Date

10/23/2012

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been: Since coming here for over 5 years, there's been a huge difference for the best. Dr Barber, Tim, Sally, Knoll. My back has loosened up so much better. No other doctor i've had in my 20 years of back problems has Dr Barber is the only doc. that has been able to help me for the better, with the manual medicine treatments. I still have problems which i know will take a long time to heal, i dont 100% i'm able to do things more freely without the real severe pain i used to have. I'm hoping in time things will continue to improve. Dr barber didnt think i would improve as much as i have. To the delight of both of us. Thanks Doc

Signature Mark Kanorke

Date 10-11-12

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

My low back + hip seem
to be more stable on their own

Signature

Date

10-18-12

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

After seeing Dr J for Acute healing
95% of my back pain was gone

Signature

Maria Loney

Date

10/15/12

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I only had one treatment and
I'm doing great. I went golfing three
days in a row!



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

10/10/12

My name is Vicki and I am excited that after my initial experience with the Circle of Healing, my siatic pain diminished significantly. My husband and I were able to go to the Henry Ford Museum last weekend and I managed to walk through the entire place.

Signature

Date

10/10/12

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No

Condition

Method of Treatment



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

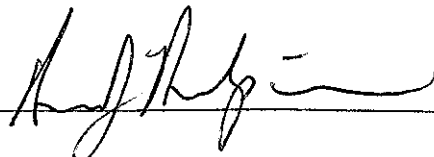
SUCCESS STORY

Please write, in your own words, what your success here has been:

Today when I came in to the Healing Circle my ~~low~~ low back felt locked up + I was having a very hard time moving.

After seeing Noel for about 15 minutes + getting a good stretch + then seeing Dr. Barbara I felt much much better. My muscles were relaxed + the pinching had let up probably about 75% + I was able to stand up straight again before I walked out the door.

Thank you very much

Signature 

Date

9/19/12

May we reproduce and display your experience? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I was seeing a chiropractor twice a week for several weeks for my sciatic pain. I had the pain for two years. I had no relief until I saw Dr Barbour. After just one treatment it was gone and it has stayed that way for many months now.

Signature Lauren Pellarelli Date 2/25/08

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No

REHABILITATION SPECIALISTS OF MONROE, P.C.

Keith R. Barbour, D.O., F.A.A.P.M.R.

876 Stewart Rd. - Suite D

Monroe, Michigan 48162-4226

Ph: 734-241-0560 Fax: 734-241-3230

SUCCESS STORY

Please write, in your own words, what your success here has been:

I have suffered with sciatic pain for 3 or 4 months. The pain ran down my leg and into my foot. Dr. Rehman worked on my leg for about 5 minutes or less and my pain is gone. Thank you Dr. Rehman, I appreciate you!

Karen Glass
11-23-04

Signature and Date

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No

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Ph: 734-241-0560 Fax: 734-241-3230

SUCCESS STORY

Please write, in your own words, what your success here has been:

I have been to doctors, prescribed many painkillers and anti-inflammatory meds to ease the pain, but to no avail. I've been to chiropractors, physical therapists only for symptoms to get worse. The pain was so bad I couldn't stand up straight; actually there was nothing I did, no position without pain. I had lost the feeling in my foot and ankle. My MD told me I just had Arthritis in my lower back and I would be fine. An MRI still showed the Doctor nothing, other than "arthritis". When the pain would not subside he finally referred me to Doctor Barbour. I, of course, was very skeptical. Dr. B looked at my X-rays and '*LISTENED*' to all my symptoms. He told me my Sciatic nerve was being pinched. He even showed me where the problem was and why it hurt where it hurt!! I was impressed but still in much pain, so I asked him to correct it NOW through surgery. I was so sick and tired of the hurting, burning, and the numbing sensation! Dr. B. then spent a few minutes to give me a 'taste' of the 'healing hands' of his office. Even though it was temporary relief, I actually stood up straight when he was finished. Now after eight weeks of treatment, along with the 'homework' they assign, I can't believe the difference. The two 'healing hands' artists who worked on me were Tonia and Heidi. They worked traction and manipulation so well ... I just can't believe the difference! I am a lot more careful now, but I am slowly getting back into life. I know I have a way to go yet, but I'm on my way!!

THANK YOU TO ALL IN DR. BARBOUR'S OFFICE.

Signature and Date

Share Mexico 5-17-02

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Rehabilitation Specialists
of Monroe, P.C.

Keith R. Barbour, D.O., F.A.A.P.M.&R., F.A.O.C.R.M.
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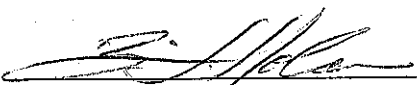
SUCCESS STORY

Please write, in your own words, what your success here has been:

When I arrived for my first visit in January 2005, Dr. Rehman diagnosed my severe sciatic pain to be more of a muscle-related condition as opposed to previous diagnoses strictly attributing it to degenerative disc disease and an arthritic spine. Dr. Rehman subscribed a month long regimen of medical and physical therapy and, within two weeks from the onset of treatment, I was pain free and my mobility had improved considerably. I am thankful to Dr. Rehman and his therapists for helping me regain a significantly higher quality of life in such a short time, and will recommend their services to family and friends.

Sincerely,

Brian J. Nolan

Signature  Date 2/24/05

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I began experiencing significant lower back pain in August and came to see Dr. Barbour for help. An MRI revealed a bulging disc. I received treatments from Dr. Barbour and Dr. Steppe, along with physical therapy with Noel. They have all been so very helpful, encouraging, and patient with me. I was worried that I would be in pain and struggle walking for my upcoming wedding, but through all of their help over the past weeks I was able to walk down the aisle with ease and dance the evening away (with my non-doctor approved high heels 😊). I would not have been able to do that without the care and attention from everyone here! Thank you so very much!

Signature Sam L. Jett Date 10/5/10

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I had experienced severe muscle spasms in my left hip every day for 4 months. I had these spasms 15 or 18 times every day. They were sharp like a bad tooth ache. I was sent here by my chiropractor. Dr. Barbeau said in 6 wks I should feel better. I couldn't believe him. That sounded like a miracle! But sure enough at the end of 6 wks. I felt totally healed. What a pleasant surprise.

Signature Irene Hindermeier Date 1-27-'11

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

Having a very strange Injury. Pulling
of Tailbone by lifting a very heavy
Table, The healing Circle was able
to Relieve a lot of pain, even with
one or two treatments.

Signature Kellie Bealey Date 12-22-11

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

I have had severe pain and burning in my low back and hip for a long time now since a severe auto accident.

After doing Aqua healing from "Dr. J" and a few accupunctures I have almost no pain and the burning is only once in a while and that too is minimal.

I can actually function with daily activities now. Thank you

Signature Abley Mehaley Date 3-21-12

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

SUCCESS STORY

Please write, in your own words, what your success here has been:

My legs hurt so bad and
after today treatment I am
98% better

Signature

Kimberly Padgett

Date

12-21-2011

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



Rehabilitation Specialists
of Monroe, P.C.

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SUCCESS STORY

Please write, in your own words, what your success here has been:

My Lower Back has Felt Better Than it has in years
Thank you

Signature Rusty Dow Date 1-3-05

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



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of Monroe, P.C.**

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SUCCESS STORY

Please write, in your own words, what your success here has been:

The staff here is Great- I had lower back Pain. Dr Henderson help me become pain free. He also tells it like it is. No Surgery Getting I think He is a very caring person, and listen to me, also he tries to find out everything that may be part of the problem. He and the are very helpful - Thank you all!

Signature

Date

7-28-5

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No



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of Monroe, P.C.

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SUCCESS STORY

Please write, in your own words, what your success here has been:

I suffered from a severe pain in my lower back/hip area for over two months. As a result, I was not able to walk without the aid of a cane and/or walker as well using analgesics for pain relief.

A MRI and extensive x-rays were done by other doctors but no one could conclusively say what the problem was. Different types of surgery were suggested. I was then referred to Dr. Bruce Hirshman.

Dr. Bruce Hirshman gave me one treatment which consisted of injections in three areas of the lower back. As a result, I was pain free and able to get off the treatment table without any assistance. I was able to walk without any assistance. I am not using any pain medication or any other helpful devices to assist in walking. I have been pain-free since.

Signature Marian Reaume Date March 23, 2007

May we reproduce and display your experience? Yes No

May we use your name with it? Yes No