

“My aqua therapy was another incredible experience . . . I felt the stress melt away and followed by waves of comfort and safety.” -- M.S.

“What an enjoyable experience. I feel great. I haven't felt this good in years.” -- R.S.

“I came in today unable to move my neck at all. After my session in the pool, my neck has movement again!” -- J.V.

“This was the first time I ever had an Aqua Healing session, and it is the most relaxing experience one could ever imagine. Karren and Doc are very gifted people.” -- R.P.

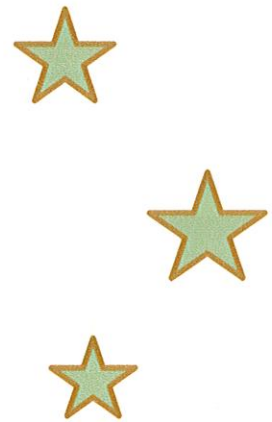
“I came in for Aqua Healing, feeling a little sore and feet hurting. I stepped in the pool with Karren and Dr B. They worked on me for a while. I could feel pressure leaving my body as they worked. When they were done I felt so relaxed and pain free and without medication. I feel really blessed to be a patient here and would wish this place to help all others who need it.” -- M.S.

“During my Aqua Healing session I felt almost weightless and as though years of stress and traumas were being released. I felt lighter and stronger after. The water made me feel very free and comfortable and safe and secure at the same time.” – K.B.



*Center for Progressive Health & Wellness*  
*The Next Step • Rehabilitation Specialists*

## Success Story



Carol Ferguson

**This water therapy is a marvelous experience.  
I feel 90% better than when I stepped into the pool.  
A truly wonderful feeling.  
I am 77 years old and have a long medical history.**

*Carol K Ferguson*

April 18, 2016

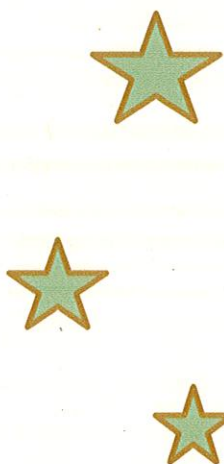
975 S. Monroe St., Suite C • Monroe, Michigan 48161  
(734)241-0560 • Fax: (734)241-3230  
[www.mindbodyandmotion.com](http://www.mindbodyandmotion.com)



**Center for Progressive Health & Wellness**

*The Next Step • Rehabilitation Specialists*

## Success Story



Crystal Baltrip

**After my first Aqua Healing with Dr Barbour I feel great.  
I feel relaxed and not tense.  
I'm scared of water but not when I was  
doing this pool session.**

*Crystal Baltrip*

February 15, 2016

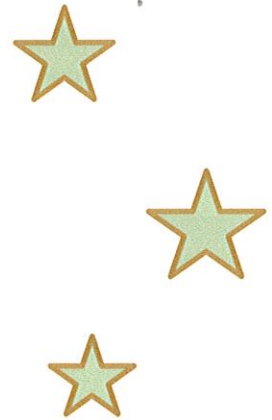
975 S. Monroe St., Suite C • Monroe, Michigan 48161  
(734)241-0560 • Fax: (734)241-3230  
[www.mindbodyandmotion.com](http://www.mindbodyandmotion.com)





*Center for Progressive Health & Wellness*  
*The Next Step • Rehabilitation Specialists*

## Success Story



Cindy Williams

**Today I came in with a lot of tension and a pain level of 9 (out of 10). Dr Barbour and Karren released something so large in me that I truly walked out a different person.**

*Cindy Williams*

January 22, 2014

975 S. Monroe St., Suite C • Monroe, Michigan 48161  
(734)241-0560 • Fax: (734)241-3230  
[www.mindbodyandmotion.com](http://www.mindbodyandmotion.com)



# Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

## SUCCESS STORY

Please write, in your own words, what your success here has been:

This is the best I have felt in a long time.  
The healing circle made me feel good briefly  
but the H<sub>2</sub>O healing took away the pain.

---

Signature

*Barbara Johnson*

Date

*4-15-13*

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

## SUCCESS STORY

Please write, in your own words, what your success here has been:

I HAD POOL THERAPY WITH DR. BARBOW AND HIS ASSOCIATE. IT WAS MY VERY FIRST VISIT. I HAD AN ACCIDENT IN OCTOBER 2010. IN THAT ACCIDENT I RECEIVED A CLOSED HEAD INJURY AND A LOT OF SPINAL DAMAGE FROM MY CERVICAL TO LUMBAR. I HAVE HAD HEADACHES EVERY NIGHT AND DAY SINCE MY ACCIDENT. AFTER MY VISIT I WAS IN SHOCK IT WAS THE FIRST TIME THAT I DIDN'T HAVE A HEADACHE. IT ACTUALLY LASTED FOR 2 DAYS. I AM SO HAPPY. I CANNOT WAIT AND SEE WHAT OTHER MAGIC DR. BARBOW HAS FOR ME. TRULY THE BEST 2 DAYS IN THE LAST 2 YEARS.

Signature

Carol R. Jones

Date

3/13/13

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



## Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

---

### SUCCESS STORY

Please write, in your own words, what your success here has been:

I had constant headache from a neck injury.  
Now I'm headache free for the first  
time in 2 years!



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

---

### SUCCESS STORY

Please write, in your own words, what your success here has been:

After a few sessions w/ Dr. J &

Noel I am able to move my  
neck more freely & my headaches  
are gone!! 😊

---





# Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

## SUCCESS STORY

Please write, in your own words, what your success here has been:

I have had improved range of motion in my feet and ankles. Less pain in my left hip. I am also not dropping my shoulder (right) as much and the clonus is not acting up as much.

---

ERIC LASKY

Signature Eric Lasky Date 10-10-12

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

## SUCCESS STORY

Please write, in your own words, what your success here has been:

I am having better muscle strength and control in my right leg. My toes are more flexible and curling less. Dr. Jurkovic's AAT and trigger point therapy has been very helpful.

---

Signature Eric Fisher Date 10-12-12

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

## SUCCESS STORY

Please write, in your own words, what your success here has been:

After seeing Dr J for Aqua healing  
95% of my back pain was gone

---

Signature Maria Lopez Date 10/15/12

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

## SUCCESS STORY

Please write, in your own words, what your success here has been:

Since starting AAH with Dr. J my pain has decreased a lot and my mobility/Range of Motion has really increased.

---

Signature

*Bonnie L Foster*

Date

9/25/12

May we reproduce and display your experience?  Yes  No



Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

**SUCCESS STORY**

Please write, in your own words, what your success here has been:

When Having AAH ? Acupuncture weekly with Dr. J,  
I am able to increase my activity level and  
feel better overall.

---

Signature Charles S. Brown Date 10-1-12

May we reproduce and display your experience?  Yes  No

# Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

## SUCCESS STORY

Please write, in your own words, what your success here has been:

I was in a lot of pain + turmoil with PTSD from a car accident when I first came here. Had been searching for help + becoming hopeless. Since coming here I feel hopeful again + so very grateful to Dr. J + Karen. They have not only helped ~~me~~ my pain + PTSD but they have also reminded me of the great kindness + caring that others bring to ~~me~~ us. And that combined with techniques are excellence in care which is not always easy to find.

Signature

Elana

Date

9/25

May we reproduce and display your experience?  Yes  No





# Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

## SUCCESS STORY

Please write, in your own words, what your success here has been:

I came in for Aqua healing, feeling a <sup>little</sup> sore and feet hurting, I stepped in the pool with Karen & Dr B. They worked on me for a while, I could feel pressure leaving my body as they worked, when they <sup>were</sup> done I felt so relaxed and pain free and without medication. I feel really blessed to be a patient here and would wish this place to help all others who need it. Again I would like to thank everyone that works here you all make me feel so comfortable and at home.

THANK YOU Mike.

Signature Mike Spencer Date 11-15-10

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

Condition \_\_\_\_\_ Method of Treatment \_\_\_\_\_



# Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

## SUCCESS STORY

Please write, in your own words, what your success here has been:

I am amazed at how much better I feel since my Aqua Therapy session. I have significantly less chronic pain. My shoulders + neck, which were always sore + achy, are now free of pain. My headaches and lower back pain have decreased; and, the numbness and pain radiating down my left side are almost gone.

After my Aqua Therapy session, I also experienced a sensation of relaxation and well-being which lifted the depression caused by my chronic pain. I am also experiencing less physical weakness and have more energy. I wouldn't hesitate to recommend Aqua Therapy for anyone experiencing chronic pain.

Thank you!

Signature Juwana Thompson Date 4/16/10

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

Condition \_\_\_\_\_ Method of Treatment Aqua Heals